



2019 events

MAR

5 | Coffee & Community Support Group
9 | Parent's Night Out
22 | Tough as Nails Support Groups
+ Cerebral Palsy Awareness Project

AUG

TBD | Family Fun Event
TBD | School Supply Giveaway
TBD | Teen Hangout
6 | Tough as Nails Support Groups

APR

2 | Coffee & Community Support Group
2 | Family Fun Event: FSU Baseball
22 | Tough as Nails Support Groups
27 | Sibling Day

SEP

3 | Coffee & Community Support Group
5 | Cascades Goes Gold
TBD | Parent's Night Out**
23 | Tough as Nails Support Groups
+ Go Gold Tricycle Awareness Project

MAY

3 | Gritz and Glitz Gala
7 | Coffee & Community Support Group
17 | Parent's Night Out**
TBD | Tough as Nails Support Group

OCT

1 | Coffee & Community Support Group
TBD | Sibling Day
TBD | Family Fun Event
28 | Tough as Nails Support Groups

JUN

TBD | Family Fun Event
TBD | Teen Hangout
28 | Tough as Nails Support Groups

NOV

5 | Coffee & Community Support Group
TBD | Parent's Night Out
25 | Tough as Nails Support Groups

JUL

TBD | Parent's Night Out
22 | CPR Training/ Parent Social
+ School Supply Drive

DEC

3 | Coffee & Community Support Group
TBD | Santa Day

**For Immunocompromised Hero Families Only

Email us at familyrelations@hangtoughfoundation.org with any questions!

Follow us on Facebook at Hang Tough Foundation